



## snapshot

### Holly Franklin

35 • ENTREPRENEUR

This photo was taken last year while I was working as a scuba diving instructor in Egypt. I love being in the water and I love that you can stay under and see so many beautiful things with a scuba tank on. Teaching people so they can see all that is rewarding.

I'm an upper limb amputee and the younger clients would always ask if my hand had been eaten by a shark. I'd just put on my best Aussie accent and say, "Nah, it was a crocodile."

I was born with a vascular problem in my left arm and I had to have my hand removed in 2005 when I was living in London. I'd experienced a lot of pain after earlier having my thumb removed, so when I woke up from the operation there was a big sigh of relief because the pain had stopped.

It took me about a year to come out of my shell and get on with things, and since then I've done white water rafting, bungee jumping, quad biking and sailing.

The only thing I couldn't do was tie my hair up, which really bugged me. After talking about it with an occupational therapist, the light bulb came on and I developed the I-UP hair tie ([www.oneuphairties.com](http://www.oneuphairties.com)), which I've been selling since 2009. It seems like such a small thing, but for a girl your hair is a big deal. I call my hair tie a handful of independence.

JANE SCOTT

You can't stop the waves, but you can learn to surf

- PROFESSOR JON KABAT-ZINN (1944-)

## OUR PICK

**1 • Carry** The Kathmandu Shuttle Cargo (from \$159.98), which combines the simplicity of a cargo bag with the convenience of backpack-style shoulder straps. Available in two sizes and colours. [www.kathmandu.com.au](http://www.kathmandu.com.au)

**2 • Listen** To British band Coldplay's highly anticipated fifth studio album *Mylo Xyloto* (EMI).

**3 • Read** *The Opium War* by Julia Lovell (Picador, \$35), a saga about the dark side of a failing empire that's now a world power.

**4 • Make** Sushi in seconds with the locally designed and manufactured Rice Cube (\$24.95). [www.ricecube.com.au](http://www.ricecube.com.au)

**5 • Watch** *The Trip* (\$34.95), a laugh out loud journey through the stunning scenery and culinary delights of North England, starring Steve Coogan and Rob Brydon.



# Free bathroom renovation workshop

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### Trading hours

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